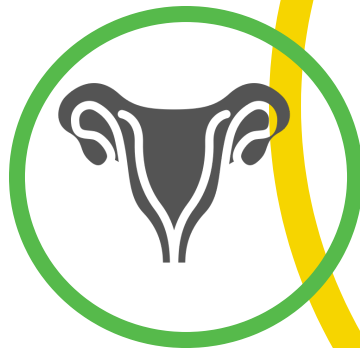


Maternal Health Benefits

Protects against diabetes



Protects cardiac health



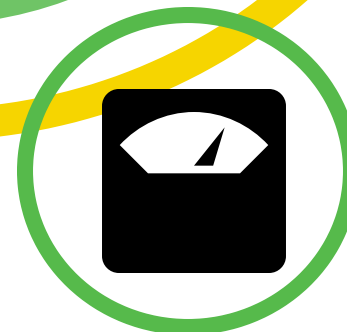
Encourages uterine involution



Protects against breast & ovarian cancers



Promotes mothering behaviours



Decreases abdominal girth (adiposity)

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