



Keynote presentation by

**Kathy O'Grady Venter**

RN IBCLC BFHI/BFI Lead Assessor

Kathy O'Grady Venter is a registered nurse and retired midwife, International Board Certified Lactation Consultant, BFHI/BFI Lead Assessor. In 2010 and 2013, Kathy was the recipient of the Canadian Lactation Consultant Association Award for Clinical Excellence.

This conference is for physicians, registered nurses, Internationally Certified Lactation Consultants, childbirth educators, dietitians, CPNP workers, LLL Leaders, doulas, midwives and anyone working in early child development and/or maternal child health.

#### CONFERENCE OBJECTIVES

Participants will be able to:

1. Identify medical reasons for supplementation
2. Facilitate informed decision making
3. Protect breastfeeding and implement a feeding plan
4. Support families who choose to supplement for non-medical reasons

Thanks to the Alberta Breastfeeding Planning Committee for their dedication, commitment and hard work.

Friday, September 29<sup>th</sup>, 2017

Lister Conference Centre, University of Alberta  
Wild Rose Room, 1 – 047 Lister Centre,  
87 Ave & 116 Street Edmonton, Alberta

## Supplementation to Protect Breastfeeding



[www.breastfeedingalberta.ca](http://www.breastfeedingalberta.ca)

#### SCHEDULE OF EVENTS

0730 – 0815	Registration
0815 – 0830	Welcome & Opening Remarks
0830 – 1000	<b>PROTECT BREASTFEEDING &amp; IMPLEMENT A FEEDING PLAN</b> <i>(Skills: hand expression, reverse pressure softening, positioning)</i>
1000 – 1030	Nutrition Break
1030 – 1200	<b>IDENTIFY MEDICAL REASONS FOR SUPPLEMENTATION</b> <i>(Skills: lactation aid, cup/spoon feeding, bottle feeding)</i>
1200 – 1300	Lunch & Networking
1300 – 1430	<b>FACILITATING INFORMED DECISION MAKING</b> <i>(Skills - anticipatory guidance and the use of language)</i>
1400 – 1445	Nutrition Break
1445 – 1615	<b>SUPPORTING PARENTS WHO CHOOSE TO SUPPLEMENT FOR NON-MEDICAL REASONS</b> <i>(Skills - interviewing, knowledge transfer, effective use of a breast pump)</i>
1615 – 1630	Closing Remarks & Evaluations

# Supplementation to Protect Breastfeeding

Friday, September 29<sup>TH</sup>, 2017

Early-bird ends September 1<sup>ST</sup>, 2017.

Last day to register is September 21<sup>ST</sup>, 2017

## ACCOMMODATION

University of Alberta Conference Centre  
87th Ave. & 116th St., Edmonton AB  
www.conferencecentre.ualberta.ca  
780.492.6056.

\*Mention the Alberta Breastfeeding Committee for the discounted rate of \$ 99.00 (+ tax ) per room per night — single or double occupancy. Guest parking available for an additional fee.

For conference inquiries email

general@breastfeedingalberta.ca



## REGISTRATION FORM

(Please PRINT clearly to ensure proper spelling on name tags.)

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY/PROVINCE \_\_\_\_\_

POSTAL CODE \_\_\_\_\_

EMAIL \_\_\_\_\_

PHONE \_\_\_\_\_

DIETARY RESTRICTIONS

Gluten Free

Vegetarian

Other \_\_\_\_\_

## PAYMENT

### Registration Fee

\$150

\$125 early bird registration, before September 1<sup>ST</sup>, 2017

\$100 full-time student

\*There will be a \$30 charge for NSF cheques.

### Choose your Payment Method

Email transfer funds to annmac89@gmail.com and email a photo or scanned copy of your (1) completed registration form along with (2) the answer to your security question.

Mail a cheque made out to the Alberta Breastfeeding Committee to the address below with your completed registration form.

Alberta Breastfeeding Committee  
12106 123 Street NW  
Edmonton, AB T5L 0H3

All confirmations will be sent by email. Conference receipts will be provided at the conference unless otherwise requested. Cancellations received in writing prior to September 1, 2017 will receive a full refund minus a \$30 handling fee. Registration can be transferred ONLY if requested in writing and received before September 1, 2017.

**Mothers and nursing children are welcome.** Childcare will not be provided.

This event complies with the WABA Guidelines for Breastfeeding Conferences, the International Code of Marketing Breast-Milk Substitutes and the WHA Resolutions. The ABC has applied for CERPS eligibility.